

Cape Fear Academy Athletic Department

2009-2010

Christopher M. Meehl

Athletic Director

Fall 2009 Sports Highlights:

Varsity "A" Girls Tennis

15-3-1 overall, 10-0 in CFIC (5th straight Conference Championship NCISAA Champions (3rd straight and 4th out of 5 years)

Varsity "B" Girls Tennis

10-4 overall, CFIC Conference Champions

MS Girls Tennis

4-1 overall, 4-1 in GWTA

Varsity Volleyball

8-10 overall, 2-8 in CFIC – State Tournament Appearance (first since 2004)

MS Volleyball

7-6 overall, 5-3 in conference – Conference Regular Season Runner-up

Varsity Girls Cross Country

23-14 overall, 3rd place in the CFIC conference

10th place out of 31 teams in NCISAA State Meet

Varsity Boys Cross Country

26-13 overall, 3rd place in CFIC conference

10th place out of 31 teams in NCISAA State Meet

Varsity Boys Soccer

10-8-1 overall, 3-5 in CFIC – lost in 1st Rd of NCISAA State (3rd straight app)

JV Boys Soccer

11-0-3 overall, 9-0-1 in conference, CFIC Conference Champions

MS Boys Soccer

7-3-1 overall. 4-2 in SMSL Regular Season and Tournament Runner-Up

Varsity Field Hockey

8-5-1 overall – Tied for most wins in school history with 2004 team

State Tournament Appearance (first since 2004)

JV Field Hockey

2-2-3 overall

Surf Team

Edward Holt – NSSA Mid-Atlantic ranked 8th in Open Men's, 11th in Explorer Juniors

Max Smith – NSSA Mid-Atlantic ranked 14th in Open Men's, 9th in Explorer Juniors

Winter 2009-2010 Sports Highlights

Varsity Girls Basketball

15-10 overall, 4-6-CFIC (4th place)

First Round of NCISAA Tournament – 10th out of 11 yrs (only one other school)

JV Girls Basketball

3-10 overall, 4th in conference, 3rd straight appearance in CFIC tournament

MS "A" Girls Basketball

8-5 overall, 3rd place in conference, second round of conference tournament

MS "B" Girls Basketball

2-6 overall, 3rd place in conference

Varsity Boys Basketball

13-10 overall, 6-4 in CFIC – 3rd in Conference

First Round in NCISAA Tournament (9th straight year)

JV Boys Basketball

13-7 overall, 8-2 in CFIC – 2nd place in conference regular season and tournament

MS "A" Boys Basketball

7-8 overall, 4-2 in SMSL, Regular Season and Tournament Runner-up

MS "B" Boys Basketball

3-8 overall

Varsity Cheerleading

CFIC – 4th place finish

Varsity Boys Swimming

8-6 overall – 3rd in conference, NCISAA State Meet participation

Varsity Girls Swimming

7-7 overall – CFIC Conference Runner-UP, NCISAA State Meet participation

Spring 2010 Sports Highlights

Varsity "A" Boys Tennis

13-3 overall, 7-0 in CFIC

CFIC Conference Champions, NCISAA State Champions

Varsity "B" Boys Tennis

4-4 overall

Middle School Boys Tennis

6-3-1 overall

Varsity Golf

41-3 overall, 30-0 in CFIC – Conference Champions

4th place finish in NCISAA, 2nd place in New Hanover County Tournament

Varsity Boys Lacrosse

15-12 overall, 4-0 in ECLC Conference Champions, 11-4 in NCISAA

NCISAA State Tournament (All-Classification) Final Four

JV Boys Lacrosse

1-9 overall

MS Boys Lacrosse

11-2 overall, 2nd in Stick It to cancer tournament

Varsity Girls Lacrosse

8-11 overall, 4-4 in NCISAA – 2nd straight NCISAA State tournament appearance

JV Girls Lacrosse

4-3 overall

Varsity Girls Soccer

11-8-1 overall, 6-3-1 in CFIC – Conference Runner-up

NCISAA State Tournament – 1st Round – 2nd straight time (2nd time in 13 years)

JV Girls Soccer

8-4-2 overall, 6-2-2 in CFIC – Conference Runner-up

MS Girls Soccer

1-5-1 overall (First year of program)

CFA Athletic Participation in Upper School and Middle School for 2009-2010

91% of the Upper School students (Grades 9-12) participated in at least one sport and 54% of the Upper School students participated in at least two sports during the 2008-2009 school year. 96% of the Middle School students (Grades 7-8) participated in at least one sport and 77% participated in at least two sports during the 2009-2010 school year.

CFA Awards

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|-------------------------------------|---|
| MS Female Athletes of the Year | Adelyn Massey (8 th), Katarina Kirchoff (8 th), Leah Falor (8 th) |
| MS Male Athlete of the Year | Dennis Looney (8 th) |
| US Female Athlete of the Year | Holland Woodbury (12 th), Mary Brian Miller (12 th) |
| US Male Athlete of the Year | Mason Hawfield (12 th) |
| CFIC Academic Award - Female | Mary Katherine Weiss (12 th) |
| CFIC Academic Award - Male | Andrew Schuett (12 th) |
| James Z. Godwin Sportsmanship Award | Kathleen Hayes (12 th) |
| James Z. Godwin Sportsmanship Award | William Robison (12 th) |

NCISAA All-State

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|----------------------------|--------------------------------|
| Mason Hawfield – Soccer | Margaret Raney – Cross Country |
| Kathleen Hayes – Tennis | Susan Hyman - Tennis |
| Adelyn Massey – Tennis | Brooke Graham - Tennis |
| Michael Maynard – Tennis | Rob High – Tennis |
| Andrew Schuett – Tennis | Greg Field – Tennis |
| AJ Aziz – Tennis | Holland Woodbury - Lacrosse |
| Mason Hawfield – Lacrosse | Will Davy - Lacrosse |
| Mary Brian Miller – Soccer | Ross Robison - Golf |

CFIC – All-Conference

| | |
|--|---|
| Mason Hawfield – Soccer | Will Young – Soccer |
| Jackson Diab – Soccer | Franklin Boney – Soccer – HM |
| Alex Gianoplus – Soccer – HM | Laura Shannon – Volleyball |
| Jessica Tinney – Volleyball | Shelby Jones – Volleyball – HM |
| Tala Goudarzi – Tennis | Kathleen Hayes – Tennis – player of the year |
| Adelyn Massey – Tennis | Susan Hyman – Tennis |
| Brooke Graham – Tennis | Thornton Cornette- Tennis – HM |
| Alan Snyder – Cross Country | Michael Maynard – Cross Country |
| Margaret Raney – Cross Country | Rachel Lensch – Cross Country |
| David Hill – Basketball | Cecil White – Basketball – HM |
| Michael Adams – Basketball – HM | Zeke Sigler – Basketball – HM |
| Carley Shafer – Basketball | Charlotte Baeumer – Basketball – HM |
| Brittain Knowles – Competitive Cheerleading | Mary Katherine Weiss – Competitive Cheerleading |
| Mary Brian Miller – Swimming (swimmer of the year) | Valarie Amoroso – Swimming |
| Eliza Schuett – Swimming | Elise Wilson – Swimming |
| Daniel Birmingham – Swimming | Rob High – Tennis – player of the year |
| Alex Gianoplus – Tennis | Michael Maynard – Tennis |
| Andrew Schuett – Tennis | Will Davy – Lacrosse ECLC All-Conference – player of the year |
| Mason Hawfield – Lacrosse – ECLC | Franklin Boney – Lacrosse – ECLC |
| Harrison Foster – Lacrosse- ECLC | Cole Howard – Lacrosse – ECLC |
| Wic Conn – Lacrosse – ECLC | Flemming Goolsby – Lacrosse – ECLC |
| Andy Lubanski – Lacrosse – ECLC | Mary Brian Miller – Soccer |
| Meg Davy – Soccer | Caroline Barnes – Soccer |
| Jordan Croom – Soccer – HM | Addie Lalier – Soccer –HM |
| Leah Falor – Soccer – HM | Ross Robison – Golf |
| William Robison – Golf | William Coleman – Golf |
| Darius Lalier – Golf | |

CFA Booster Club Student-Athlete Award (over 4.0 GPA in US and play two Varsity Sports)

12th grade

Andrew Marburg
Mary Brian Miller
Kathleen Hayes
Mary Katherine Weiss
Alex Mitchell
Andrew Lubanski
Holland Woodbury
Michael Zambrowski
Walker Diab
Starke Hipp
Mason Hawfield
Andrew Schuett
Alessandra Losa
Tom Squire

11th grade

Maggie Arnold
Conner Dalton
Alexander Ventriglia
Emily Foster
Alan Snyder
Kate Coble
Mary Stewart Evans
Alec Randall
Dorie Mercer
Olivia Horrigan
Michael Maynard
Wic Conn
Paul Milam
Maggie Bennett
Megan Wehner -
Mary Katherine Dunn -
Ann Marie Nunnelee
Brittain Knowles
Margaret Raney
Emma Massey
Sarah Williams
Cecil White
Kav Ellis

10th grade

Chelsea Rosenberg
Will Young
Grayson Palmer

9th grade

Daniel Birmingham
Brittany Sweyer
Ryan Leighton
Andrew Weaver
Anna Corcoran
William Purdom