There are well-known challenges in the transition between childhood and adolescence. At CFA, we turn these challenges into opportunities to foster healthy physical, social, emotional, and academic development.

We believe middle school is a unique period in a student’s life and we are committed to providing a developmentally responsive, academically challenging, and empowering community so our students advance to our upper school as confident, responsible learners.

In North Carolina’s premier middle school program, students learn to truly embrace the rigor of a college-preparatory curriculum that includes English and literature, social studies, math, science, world languages, fine arts, and character education.

**Highlights include:**
- Achievement test scores average 89th percentile nationally
- Essential Questions format guides humanities instruction
- Accelerated and differentiated math curriculum
- Mandarin and Spanish language study
- Electives such as video game design, 3D design, broadcasting and technology
- Award winning theatre arts program
- All-inclusive, interscholastic sports program
- Advisory program to nurture interpersonal relationships and social responsibility
- Best in class writing center
- 1:1 laptop program

We truly get to know all students, embracing their hearts and their minds. This process allows us to nurture them academically, socially and emotionally, through a typically tough time in their lives.

Ours is a close-knit community with small classes and individualized attention.

Our rigorous curriculum and high expectations challenge students in productive ways.

Our high standards, compassionate support and rigorous learning environment deliver results.

Our students consistently outperform their independent school peers across many measures.
What sets our Middle School apart?

WELL-ROUNDED RICHNESS
We go beyond academics to nurture social and emotional skills by getting to know every child well during one of the biggest transitional times in their lives. Together with parents, we work with students to develop their character and define their interests as individuals. When children are known on a deeper level, their hearts and minds can be embraced equally for a well-rounded richness that is unequaled and has life-long impact.

RELATIONSHIPS FOR LIFE
Caring relationships with teachers, friends, family and learning are the basis for a happy, productive life. In a close-knit community with small class sizes, individual attention, and advisory sessions, we cultivate a student’s relationship with teachers, with one another, with learning, and with the larger world.

ACCELERATED EDUCATION
Our curriculum is set up to accelerate learning—so our students enter upper school with advanced knowledge and the critical thinking, leadership and communication skills to succeed. We balance high expectations with robust communication with parents, an advisory program where every child has a guardian angel, and a director’s office with a door that’s always open, so students feel both accountable and supported in every way.

MEASURABLE RESULTS
High standards matched by a highly supportive learning environment create a rigorous yet caring academic experience. When a student body is 100 percent college-bound, there is a shared value system that allows for rich opportunities in academics, the arts, and athletics. These shared values create concrete results: our students consistently outperform their independent school peers.

Our parents and students share their belief in CFA

"I appreciate my son’s teacher being frank and helpful. She let me know quickly that he needed help with organization, and she volunteered to stay with him after school for several days to help."

"The kids have been especially welcoming. My son looks forward to school every day!"

"We love the opportunity to have conferences with our child and his teachers. It is invaluable to connect midway through the semester to target improvements and celebrate success!"