

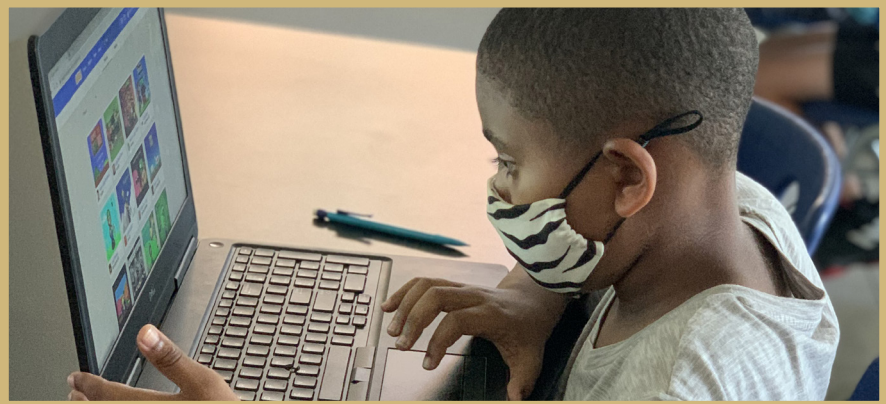


CAPE FEAR ACADEMY

A PK3 - 12 COLLEGE PREPARATORY SCHOOL

# SUMMER

## PROGRAMS



# 2022

# SUMMER

## PROGRAMS

### Our Mission

Cape Fear Academy is a learning community committed to discovering and developing individual potential, preparing each student for success in college and life.

*Sponsored by:*



Integrity. Experience. Quality.

**Register Online »**

[www.CapeFearAcademy.org](http://www.CapeFearAcademy.org)  
click on Summer Programs

# Thank you for choosing Cape Fear Academy's Summer Programs!

**W**e hope your child is excited and ready to participate in fun, unique, and dynamic programs that will create memories to last a lifetime. Whether your child chooses to be a princess for the week, hang out on the CFA ranch, dare to walk the plank, or become a graphic designer or a baker, he/she will not be disappointed! Cape Fear Academy's Summer Programs offer engaging, educational, and exciting opportunities for a positive summer experience. This year we are excited to offer new STEM (Science, Technology, Engineering & Math) programs, more sports options, and enrichment programs.

Summer Programs will offer an extended care option, called Lunch Bunch, for those attending a morning or afternoon camp. If your camper would like to stay after his/her morning camp until 1 pm, or be dropped off at 12 pm before his/her afternoon camp, you may pay a \$5 fee. Summer Programs will still offer Lunch Bunch at no charge for those campers attending both a morning and an afternoon camp. Lunch Bunch and Extended Care registration is through the camp office only.

Don't forget that ONLINE Registration is just a click away at [www.capefearacademy.org](http://www.capefearacademy.org). To register, simply click on "Summer Programs" on the home page, then click "Register Online" and Create an Account so that you may begin browsing and choosing all of the fun opportunities!

Thank you for selecting Cape Fear Academy as your child's choice of camps for 2022. This is a summer not to be missed! Please note that campers and families are expected to follow all health and safety guidelines that Cape Fear Academy follows for the 2022 summer.

## Interested in a CFA Education?

Please call 910.791.0287 or  
visit [www.capefearacademy.org](http://www.capefearacademy.org)

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# SUMMER

## PROGRAMS

Is your child attending a morning and afternoon camp? Don't want to pick him/her up between camp sessions? We can help! Cape Fear Academy Summer Programs offers our Lunch Bunch program. We will pick campers up from their morning camp session, supervise them through lunch, and walk them to their afternoon camp session. Summer Programs will offer an extended care option as well, for

those only attending a morning or afternoon camp. If your child would like to stay after his/her morning camp until 1pm or be dropped off at 12pm before his/her afternoon camp, he/she can do so for a nominal \$5 convenience fee. Bring lunch, play a game, and have a little extra time to hang out with new and old friends!

### WEEK ONE JUNE 6-10

DINO-mite Camp	Engineering 101	Pastabilities
The Magical Kingdom of CFA	Video Game Design	Scratch: Basic Computer Programming
Micro Sports: Athletes in Action	Little Lego Friends Free Building	
Hurricanes' Tennis	Cookie Monster Creations	

### WEEK TWO JUNE 13-17

FROZEN: Into the Unknown... Kingdom of CFA	Maker Space: Design, Create and Educate	FUNdamental Basketball Camp
PAW Patrol: Pup's Playing at CFA's Adventure Bay	Arcade Electronics Galore: Snap Circuits and More	Shark Week
5, 4, 3, 2, 1...Blast Off!	Something Fishy at CFA	Mad Science: Crazy Chemworks Camp
Let's Get Growing: Gardening Camp	Website Design	Harry Potter and the CFA Stone
		Amazing Solar Robots Galore

### WEEK THREE JUNE 20-24

Fancy Nancy and More, OH MY!	Ukulele FUN 101	Superhero Training Camp 101: Pop! Splat! Bam!
Wild, Wild West...Giddy Up!	Middle School MADNESS Camp	Hola Campers!
Under the Big Top of CFA	CSI: Wilmington	Lady Chemists 101
FUNdamental Basketball Camp	Minecraft Novice	Hovercraft- Design
Cheers, Chants, and MORE!	EV3	
Happy Trails...	Art Safari...It's a Jungle Out there	

## WEEK FOUR JUNE 27-JULY 1

Tiny Tennis Tikes	Cake Decorating 101	Ahoy, Matey! Pirates, Treasure, Adventure, and MORE!
Happily Ever After...	Telling a Story...Through Dance	Creepy Crawlers!
Mini Musicians: Music and Movement, Oh My!	Star Wars...May the Force Be with You	Theater Technique
Soccer Starz	iNaturalist : Sharing, observing and learning	Minecraft® Play
Mini Minecraft Monsters		

## WEEK FIVE JULY 11-15

Bitty Babies: Starter Camp	Photography 101	How the Grinch Stole...Summer!
American Girl Doll: The NEXT Adventure!	Build It, Crash It, Smash It, BOOM!	EWWWW...GROSSSSSSSology Camp 101
Buckle Up! It's Hot Wheels Time!	FUNDamental Basketball Camp	Egyptian Dig
Musical Mallet MANIA!	Messy Mini Michelangelo's	

## WEEK SIX JULY 18-22

Mini Monets: Clay and Sculpture	FUNDamental Basketball Camp	Unicorns and Magical Music
Mini Med and Bitty Vet School	Peace Out: Five Days of Creativity, Creation and... ART	Jewelry Making
L.O.L. Surprise! #FUN	Virtual Reality...Virtually AWESOME	5 Days of 5 Cuisine Cultures
Ultimate Frisbee...Ultimate FUN	It's a bird...it's a plane... no it's a bird!	

## WEEK SEVEN JULY 25-29

Basketball for Beginners	Primp, and Relax	Little Pampered Chef
Under the C....FA Mermaid Camp	Ladies Hoops	Creative Calligraphy
Mini Monets: Fine Arts	Basketball Breakout 101	The 101 on Codes, Apps, and More
Spaaaaatacular: Pamper,	Graphic Design 101	

## WEEK EIGHT AUGUST 1-5

Jumpstart into 6th Grade: What you need to know!	Jumpstart into 9th Grade: What you need to know!
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# WEEK ONE | JUNE 6 - 10

## DINO-mite Camp

**Rising grades PK-1 | 9:00 am - 12:00 pm**

Can't get enough of all things prehistoric?! Do you truly DIG Dinosaurs and want to learn all about a Tyrannosaurus Rex and a Deinonychus? Do you know the difference between a Stegosaurus and an Ankylosaurus? Dinosaurs may be extinct but they will come to life during this week-long DINO-mite camp. Mini paleontologists will enjoy fossil digs, dinosaur egg hunts, creative crafts, and more. If you love the Triassic, Jurassic, and Cretaceous periods, this is the camp for you. It is time to go back to when dinosaurs ruled the earth!

**Cost: \$165**

**Instructor:** Eleanor Black, CFA Summer Programs Instructor

## The Magical Kingdom of CFA

**Rising grades PK-1 | 9:00 am - 12:00 pm**

Are you ready for a Magical week at CFA where dreams come true? Join Vee and friends as they karaoke to all of Vee's favorite tunes, make delicious snacks for the Scare B & B, and even have a dance party! Get ready for some DINO-mite fun with your four dinosaur friends as you explore a prehistoric world of adventure, create volcanic lava, dig for fossils and make your very own magnifying glass to take home. Honk, Honk! Out of the way! Mickey and the Roadsters are here to play! Create a VIP Pit pass, make a rockin' roadster racetrack, and fuel up on spare tires, nuts, and bolts and, of course, build some hot doggin' hot rods. This Magical week is not to be missed!

**Cost: \$165**

**Instructor:** Amy Gratwick, CFA Teacher Assistant

## Micro Sports: Athletes in Action

**Rising grades K-2 | 9:00 am - 12:00 pm**

Calling all beginning athletes eager to play hard, work hard, and have FUN! Man-to-Man Monday will allow athletes to work on basic basketball skills, passes, defense, and more. Tackle Tuesday will give athletes a chance to work on beginning football skills, positions, and even learn about flag football. Wimbledon Wednesday will introduce beginning tennis players to the basics on the court: ground strokes, volleys, and court footwork. T-Ball Thursday will allow athletes to learn basic t-ball drills, positions, and more. Free Kick Friday will have eager soccer players out on the field learning about positions, dribbling, shooting, and scrimmaging. Come for a week of exciting athletic action!

**Cost: \$175**

**Instructor:** Adam Kramer, CFA Spanish Teacher

## Hurricanes' Tennis

**Rising grades 2-5 | 9:00 am - 12:00 pm**

Immerse yourself in tennis, new friends, and off-court fun activities for a week at summer camp! Tennis Camp at Cape Fear Academy aims to give players the opportunity to hit tons of balls, improve their techniques, and be challenged by some of the best players in their peer group. This junior tennis camp is designed for young athletes to come and greatly improve their tennis games, work hard, make new friends, and have a lot of fun.

**Cost: \$175**

**Instructor:** Kendall Welch, CFA Coach

## Engineering 101

**Rising grades 2-5 | 9:00 am - 12:00 pm**

Are you a problem solver, an organizer, a communicator, a calculator, or a designer? Are you the type of person who wants to know how things work? Then you just might be destined to become an engineer! Come use your creativity and problem-solving skills to explore various engineering disciplines in our Engineering 101 Camp! Use your science, technology, engineering, and math (STEM) skills to engage in real-world engineering problems such as building bridges, assembling airplanes, and reloading fuel bundles in a nuclear plant, just to name a few. Camp will conclude on Friday with a visit to the Port, the Battleship, and local bridges to study the functions and real life applications of engineering.

**Cost: \$165**

**Instructor:** Meade McFarlane CFA Science Teacher and Coach



## Video Game Design

Rising grades 4-9 | 9:00 am - 12:00 pm

Recreate the magic of classic platform games like Mario Bros., Contra, and Castlevania. This camp will show you how to animate characters, establish gravity, create power-ups, and much more as you program your own video game using Game Maker. Campers will use a combination of drag and drop buttons as well as code-writing to produce playable games on a PC. Along the way, students will work on problem solving and creative thinking skills as they develop their game from an idea to a reality!

**Cost: \$185**

**Instructor:** Bill Kanzinger, CFA Teacher

*\*This camp will be capped with 10 campers due to the interest of this specific program*

## Little Lego Friends Free Building

Rising grades PK-K | 1:00 pm - 4:00 pm

Lego lovers, let your imagination run free! Builders will have the opportunity to use their creativity to build and create Lego creations. Students will work on their own or in small groups to create out-of-this-world masterpieces. Builders will have several opportunities to use special sets such as Lego Friends, Minecraft, and Star Wars, and they'll create a Lego t-shirt, make fun Lego snacks, and even make Lego-themed crafts. Ready, Set, Build!

**Cost: \$165**

**Instructor:** Amy Gratwick, CFA Teacher Assistant

## Cookie Monster Creations

Rising grades 1-3 | 1:00 pm - 4:00 pm

Are you a monster, a cookie monster that is?! Join your fellow cookie chefs and make, decorate and of course partake in this cookie creation camp. Bakers will work individually on cookie creations and design his/her own cookies, organize a personalized recipe book, make a chef hat and even learn kitchen skills such as measurements, safety and sanitation. You will definitely be one smart cookie participating in this camp!

**Cost: \$180**

**Instructor:** An Plitto, Cape Fear Academy Summer Programs Instructor

## Pastabilities

Rising grades 4-8 | 1:00 pm - 4:00 pm

Penne, rigatoni, macaroni, oh my! Look at all these delicious pastas you will be able to try! Imagine all the "pastabilities" in this pasta camp. Each day chefs will choose what type of pasta they will work with and create a magnifico dish to be devoured! Throughout the week campers work individually with the ingredients they are given and make a recipe from scratch that will sure to impress. Simple ingredients will be used, however chefs will learn to be creative with what they have, learn proper measurements, what to substitute ingredients for and proper kitchen etiquette. This camp truly has endless "pastabilities."

**Cost: \$180**

**Instructor:** Kendall Welch, CFA Coach

*(includes all ingredients)*

## Scratch: Basic Computer Programming

Rising grades 3-6 | 1:00 pm - 4:00 pm

Learn the basics of computer programming using the interactive programming language, Scratch. No experience necessary! If you can imagine it, you can program it! This beginner computer programming camp will teach you the fundamentals of computer programming, including variables, loops, and conditionals, to create your own puzzles and video games! Campers will learn the skills they need to create their own games using MIT's Scratch visual programming language.

**Cost: \$185**

**Instructor:** Bill Kanzinger, CFA Teacher

*\*This camp will be capped with 10 campers due to the interest of this specific program*

# WEEK TWO | JUNE 13 - 17

## **FROZEN: Into the Unknown...Kingdom of CFA**

**Rising grades PK-1 | 9:00 am - 12:00 pm**

AH-AH-AH-AH the adventure continues as all of your Frozen friends return to embark on a journey to discover Elsa and the origin of her magical powers and to help save the kingdom of CFA as campers follow the mysterious voice into ...the Unknown. To embark on the long journey, campers will make princess crowns with jewels and gems, so that Elsa and Anna shimmer, and reindeer antlers for Sven, so he can guide us through the snowy trails. We'll create frozen treats such as Kristoff's ice blocks, Olaf's snowman buttons and, of course, frozen hot chocolate with floating snowballs. This camp is one you will be "snow" glad you attended!

**Cost: \$165**

**Instructor:** Eleanor Black, CFA Summer Programs Instructor

## **PAW Patrol: Pup's Playing at CFA's Adventure Bay**

**Rising grades PK-1 | 9:00 am - 12:00 pm**

Join your plucky paw pals as they save the day at CFA's Adventure Bay! Instructor Ryder will lead these adventurous rescue dogs to train, lead, and use their skills on a daily basis. Meet Zuma and friends for a day on the water at CFA's Adventure Bay with pups splishing and splashing and ready to dive into the water fun. Join Marshall and his real life fire truck to learn about being a brave fire dog and what it takes to be safe and smart. Help Chase make paw patrol badges and join in on solving the mystery of the day by sniffing out all of the clues that lead to the answer. And don't forget about the healthy dog snacks such as cheese ruffs, pawtato chips and, of course, the pupperoni pizza. This PAW-TY of a camp is one to not BOW out on!

**Cost: \$165**

**Instructor:** Gretchen Estes and Kim Hutchinss, CFA Summer Programs Instructor

## **5, 4, 3, 2, 1...Blast Off!**

**Rising grades K-4 | 9:00 am - 12:00 pm**

In a galaxy far, far away, campers will learn about Earth, the amazing solar system, and all things galactic, as they travel through space to discover comets, planets, rockets, stars, and more. Campers will create out of this world snacks, launch rockets, build telescopes, and make their own moons. Join us for this out of this world camp, where SPACE is not limited!

**Cost: \$165**

**Instructor:** Brian Johnson, CFA Math Teacher

## **Let's Get Growing: Gardening Camp**

**Rising grades 1-4 | 9:00 am - 12:00 pm**

Camper, camper, how does your garden grow? With simple seeds and no weeds and flowers and herbs to feed. Join all of your gardening gurus and dig deep to learn all about plants and cultivating a successful garden with thriving flowers, herbs, and more. Throughout the week gardeners will work on a variety of gardening crafts, such as designing flower pots, planting and growing veggies, decorating watering cans, making successful herb gardens, and even learning how to prune and weed for the end result of a perfect garden! Make sure to plant your seed and register for all of the horticulture fun.

**Cost: \$165**

**Instructor:** Kelly Borton, CFA Registrar

## **Maker Space: Design, Create and Educate**

**Rising grades 3-8 | 9:00 am - 12:00 pm**

Come explore the world of Maker in Cape Fear Academy's new Innovation Center. Over the course of the week, campers will get to work with 3D Printers, CNC Machines (Laser and Router), an embroidery machine, a heat sublimation press, and a vinyl cutter, all while using the latest generation of computers. Imagine it, design it, create it...you can MAKE it real at CFA's Maker Camp!

**Cost: \$185**

**Instructor:** Cape Fear Academy Summer Programs Instructor

## Arcade Electronics Galore: Snap Circuits and More

Rising grades 2-5 | 9:00 am - 12:00 pm

Get ready to build and play your own arcade games and more. Campers will have access to: resistors, switches, wires, LED diodes, transistors, and more. This STEM/STEAM concept will allow campers to use building pieces with snaps to assemble different electronic circuits on a simple base grid that will function like the printed circuit board found in many electronic products. Build circuits to test your memory, an electronic circuit that plays the card game 21, and learn to program the circuit board to emit different funky sounds. Play with the disco ball, sirens, or a light show, and learn the effects of the different electronic components and what amps, volts, resistance, and power are.

**Cost: \$185**

**Instructor:** David Johnson, CFA Summer Programs Instructor

## Something Fishy at CFA

Rising grades 5-9 | 9:00 am - 12:00 pm

Do you know that fish were on Earth before dinosaurs? Do you know that fish can feel pain? Do you know what the largest fish is? Throughout the week campers will learn facts about these majestic animals and fishing essentials like casting and baiting. Campers will visit fish in freshwater ponds and cast their reels off local fishing piers. This educational and fun week of fish fun will allow campers to learn about fish near and far, become more aware of how important fish are to our environment, and understand the importance of ecology.

**Cost: \$175**

**Instructor:** Meade McFarlane, CFA Science Teacher and Coach

*(price includes all fishing expeditions and one extended day that will allow campers to fish longer and enjoy lunch as a group. Day of excursion TBD once week begins and weather is forecasted)*

## Website Design

Rising grades 5-9 | 9:00 am - 12:00 pm

It's time to browse and click the home button to learn the ins and outs of website design. Have you ever wondered how websites work or wanted to build your own website from the ground up? Join the world of HTML coding and CSS style, and create a site that's all your own! Designers will learn the basics of HTML coding and style sheet navigation and will complete a hands-on development project that will allow them to create a personal, multi-page website. Don't forget to click on [www.websitedesign.fun](http://www.websitedesign.fun) !

**Cost: \$165**

**Instructor:** Gabriella DeSouza, CFA Science Teacher

## FUNdamental Basketball Camp

Rising grades K-12 | 9:00 am - 12:30 pm (half-day or full-day options) 9:00 am - 4:00 pm

Early shooting 7:30 am - 9:00 am and/or Late shooting 4:00 pm - 5:30 pm also available

Join your basketball playing friends of all levels and take advantage of the experience and passion for young people and the game as exhibited by nationally recognized Coach Tony Martin. Coach has enjoyed working with every level of player, from beginners at the youth clinic level through professional athletes. Our camp differs from any camp in the area. Our teaching ranges from giving youth players the basics to experienced players aspiring to take their game to the next level. Come join us where TEACHING and FUN never ends! Coach has been involved with nationally renowned Nike All-America Camp and the LeBron James Skills Academy. We are excited to continue the tradition of excellence serving the Wilmington community and beyond with the Intensity FUNdamental Basketball Camps.

Registration must take place through FUNdamental Basketball Camps [www.intensityfundamentalbasketball.com](http://www.intensityfundamentalbasketball.com) or you can email Tony Martin at [coachMartin@intensityfundamentalbasketball.com](mailto:coachMartin@intensityfundamentalbasketball.com)

**Cost: \$145 for Half-day, \$240 for Full-day**

**Instructor:** Tony Martin and Staff, FUNdamental Basketball Coaches

# WEEK TWO | JUNE 13 - 17

## **Shark Week**

**Rising grades PK-1 | 1:00 pm - 4:00 pm**

Baby shark (doo-doo-doo-doo)

CFA shark(doo-doo-doo-doo)

Camper shark(doo-doo-doo-doo)

Join us for a week of all things SHARK (doo-doo-doo-doo)!

Shark Week is here in the big ocean of CFA and this jam-packed week of shark fun is not to be missed! Baby sharks will make JAWsome crafts such as fins, shark slime and even a shark pool noodle, make FINTastic food such as shark bait and edible kelp, look around the big ole CFA sea and land for sharks teeth, and even play a game of pin -the -tail -on -the -shark. This is one week not to be missed...we will SEA you soon.

**Cost: \$165**

**Instructor:** Meade McFarlane, CFA Science Teacher and Coach

## **Mad Science: Crazy Chemworks Camp**

**Rising grades 1-5 | 1:00 pm - 4:00 pm**

Scientists unite! Shake up a beaker of fun in the lab as a junior chemist. These five half-days of chemistry are packed solid with cool actions and reactions. Scientists will create elephant toothpaste, make invisible ink, work with static electricity, and even invent candy molecules! Students will also explore physics by working with particles of matter, changing states, and even rocket making! It is time to put on those goggles and get to work!

**Cost: \$165**

**Instructor:** Brian Johnson, CFA Math Teacher

## **Harry Potter and the CFA Stone**

**Rising grades 1-5 | 1:00 pm - 4:00 pm**

Tired of being a muggle? Come to Hogwarts for a crash course in wizardry! Upon arrival at Hogwarts you will be sorted into houses, acquire wizarding scarves, and play Quidditch! You will spend the rest of the week immersed in a different Hogwarts class each day: Charms, Potions, Care of Magical Creatures, Herbology, and Defense Against the Dark Arts. Wands, potions, magical pets, biting books, wizard duels, and hunting horcruxes are just a few adventures that await you!

**Cost: \$165**

**Instructor:** Kendall Welch, CFA Coach

## **Amazing Solar Robots Galore**

**Rising grades 1-5 | 1:00 pm - 4:00 pm**

Calling all robot fanatics! Ready, set, BUILD! In just one week campers will have the opportunity to construct their own interchangeable robot, and create and construct over ten different robots and the best part about these robots...they are powered by the sun not batteries! Creators will be able to work with over 190 pieces building from scratch using pistons, shafts, gears, tires and more! So much to build...and so much more!

**Cost: \$185**

**Instructor:** David Johnson , CFA Summer Programs Instructor

# WEEK THREE | JUNE 20 - 24

## **Fancy Nancy and More, OH MY!**

**Rising grades PK-1 | 9:00 am - 12:00 pm**

Bonjour, Fancy Friends! Put on your feather boas, and dress your best for a week of fancy fun! In this extraordinary week campers will hold a tea party, design tutus and tiaras to take home, visit a French bakery (Oui, Oui!) and of course make iridescent accessories that shimmer and shine. Ooh la la, a beauty spa, scrumptious snacks and, of course a fancy fashion show with a visit to the photo booth (How posh!). You won't want to miss out on this soiree (that's fancy for party)!

**Cost: \$165**

**Instructor:** Carrie Casson, CFA Teacher

## **Wild, Wild West...Giddy Up!**

**Rising grades PK-1 | 9:00 am - 12:00 pm**

Calling all western enthusiasts ready to have a WILD time! Each day cowboys and cowgirls will saddle up at CFA to create cowboy crafts, have teepee time around the fire, and wear their own handmade western gear. Cowboys and cowgirls will make their own loot bags for the gold rush, visit the trading post daily for the newest western gear, and even have their own stick horses to get them around the ranch. Daily grub such as frontier fruit, stagecoach slushies, and teepee trail mix will make cowboys and cowgirls enjoy their time together as they pow wow to talk about all the adventures they've had on the ranch that day. Watch out, there's a new camp in town, and it is sure to be on the top of the totem pole!

**Cost: \$165**

**Instructor:** Eleanor Black, CFA Summer Programs Instructor

## **Under the Big Top of CFA**

**Rising grades K-3 | 9:00 am - 12:00 pm**

Lions, Tigers and Bears, OH MY! Join us for a Circus Soiree with all of your friends. Artists will create everything they love about the circus from circus trains, big top tents, to favorite animals and costume pieces. You will not want to miss out on the pARTy!

**Cost: \$165**

**Instructor:** Kristin Legg, CFA Teacher Assistant

## **FUNdamental Basketball Camp**

**Rising grades K-12 | 9:00 am - 12:30 pm (half-day or full-day options) 9:00 am - 4:00 pm**

**Early shooting 7:30 am - 9:00 am and/or Late shooting 4:00 pm - 5:30 pm also available**

Join your basketball playing friends of all levels and take advantage of the experience and passion for young people and the game as exhibited by nationally recognized Coach Tony Martin. Coach has enjoyed working with every level of player, from beginners at the youth clinic level through professional athletes. Our camp differs from any camp in the area. Our teaching ranges from giving youth players the basics to experienced players aspiring to take their game to the next level. Come join us where TEACHING and FUN never ends! Coach has been involved with nationally renowned Nike All-America Camp and the LeBron James Skills Academy. We are excited to continue the tradition of excellence serving the Wilmington community and beyond with the Intensity FUNdamental Basketball Camps.

Registration must take place through FUNdamental Basketball Camps [www.intensityfundamentalbasketball.com](http://www.intensityfundamentalbasketball.com) or you can email Tony Martin at [coachMartin@intensityfundamentalbasketball.com](mailto:coachMartin@intensityfundamentalbasketball.com)

**Cost: \$145 for Half-day, \$240 for Full-day**

**Instructor:** Tony Martin and Staff, FUNdamental Basketball Coaches



# WEEK THREE | JUNE 20 - 24

## Cheers, Chants, and MORE!

Rising grades 1-5 | 9:00 am - 12:00 pm

Go! Fight! Win! This fun and high-energy cheer camp is all about SPIRIT! Campers will learn several cheers each day, work on proper stretching techniques, and have the opportunity to work on cheer crafts throughout the week. Cheerleaders will show off their cheering skills when they perform a routine for parents on the last day!

**Cost: \$175**

**Instructor:** Rae Black, CFA Summer Programs Instructor

## Happy Trails...

Rising grades 3-6 | 9:00 am - 12:00 pm

Hiking, observing, climbing and outdoor fun in the sun is what campers will be participating in throughout the week. Each day campers will explore a different area in and around the Wilmington region. Campers will travel to and from CFA daily to a new location where they will take hikes, explore trails, and experience nature. Destinations such as Brunswick County, Carolina Beach and Wrightsville Beach are a few of the locations that nature enthusiasts will enjoy... until we meet again.

**Cost: \$175**

**Instructor:** Meade McFarlane, CFA Science Teacher and Coach

## Ukulele FUN 101

Rising grades 2-5 | 9:00 am - 12:00 pm

Welcome to the wonderful world of the Ukulele, a member of the guitar family that has more to offer than some realize. This introductory and of course fun musical program will allow students to be introduced to playing the ukulele and guide students through the basics of playing string instruments. Throughout the week, campers will learn about the ukulele, make his/her own personalized guitar picks and play first chords. Campers will accompany songs including but not limited to *You Are My Sunshine*, *Best Day of My Life*, *In the Jungle* and more. All levels are welcome and encouraged to learn all about this instrumental music and wonderful tool for sparking creativity and musicality.

**Cost: \$165**

**Instructor:** Jesse Holman, CFA Music Teacher

## Middle School MADNESS Camp

Rising grades 6-8 | 9:00 pm - 4:00 pm

Calling all Middle School students ready for some fun in the sun! Each day is a different adventure as you travel to a new destination. Wacky whooshing Myrtle Waves in Myrtle Beach all day Monday? An all-day adventure to Jungle Rapids on Tuesday? Deep Sea Fishing on Wednesday? Yes!Yes!Yes! Then we're bound for Downtown Wilmington to the Escape room, lunch and bowling! On Fun Friday, campers will enjoy an outdoor ropes course adventure followed by a movie. All aboard for fun with all of your Middle School friends. And remember...No Parents Allowed

**Cost: \$525**

**Instructor:** Brian Johnson, CFA Math Teacher

*(Cost covers all activities, snacks, lunch, transportation and supervision)*

## CSI: Wilmington

Rising grades 3-6 | 9:00 am - 12:00 pm

There has been a break-in on the Cape Fear Academy campus, and a famous painting has been stolen! Who has the means, motive, and even the opportunity to take such a famous piece of art? Envision the crime scene: yellow tape surrounds the classroom, fingerprints are everywhere, vases and other important items have been knocked over, and there is even a drop of blood! This week-long camp will help campers solve a mystery while learning crime scene investigation tactics. Campers will learn how to collect evidence, view crime scenes, dust for fingerprints, and analyze DNA.

**Cost: \$165**

**Instructor:** Becca Scott, CFA Science Teacher

## Minecraft Novice

Rising grades 3-5 | 9:00 am - 12:00 pm

Let your imagination shape your world! This camp is for novice players who know Minecraft but desire to learn new skills. Pairing Minecraft gaming activities with teambuilding exercises to promote collaboration and teamwork during real-world adventures, campers will have daily tutorials, free-building time, themed snacks, and an opportunity to apply what they have learned during game play challenges. Some of the activities will include an obstacle course, Minecraft dodgeball, a scavenger hunt, and capture the flag. Students must bring their existing Minecraft account login and password information on the first day of camp.

**Cost: \$185**

**Instructor:** Liam Maley, CFA Summer Programs Instructor

*\*This camp will include an introduction to the application of mods during game play (technology permitting).*

## EV3

Rising grades 9-12 | 9:00 am - 12:00 pm

Come explore the world of robotics with Cape Fear Academy's very own Mindstorm EV3 camp. Robotic game controllers will be built and used to play a video game you write in Scratch. Challenge yourself to complete the "Space Science Challenge Set" as you design and program a robot with sensors and mechanical arms. SumoBots will be designed and competitions held to see who will own the title of SumoBot champion. Who knew a robot could do so much in so little time?!

**Cost: \$185**

**Instructor:** Gabrielle DeSouza, CFA Science Teacher

*(Please note that all robots will remain on the Cape Fear Academy campus at the end of camp)*

## Art Safari...It's a Jungle Out there

Rising grades PK-K | 1:00 pm - 4:00 pm

Grab your binoculars because we are going on a safari around the world! Campers will visit different countries each day and learn about native animals through literature, games, and art. They'll create safari snacks, such as monkey munch, tiger tails, and gorilla grapes...ROAR! Campers will go wild making take-home crafts, including masks, safari hats, rainmakers, and binoculars. Join us to discover the thrill of the hunt without leaving camp!

**Cost: \$165**

**Instructor:** Kristin Legg, CFA Teacher Assistant

## Superhero Training Camp 101: Pop! Splat! Bam!

Rising grades PK-1 | 1:00 pm - 4:00 pm

Supermen and Superwomen unite and join in on a week of SUPER fun as heroes use powers to fight off villains, choose their own identity by creating shields, masks, and capes, and make super snacks to fuel up on, such as Wonder Woman lasso, Bat Wings, and Spinach Hulk Muffins. Participate in a flash dash to work on your speed, improve hand-eye coordination with web shooting, and work on gross motor skills with a Batcave crawl. This week-long training at Metropolis CFA will prepare each and every hero for battles, quests, and victories!

**Cost: \$165**

**Instructor:** Carrie Casson, CFA Teacher

## Hola Campers!

Rising grades 1-4 | 1:00 pm - 4:00 pm

Enjoy a week of fun as you learn and practice Spanish with your camp friends while exploring Hispanic culture through music, dance, games, food, and more. Each day provides students with the opportunity to learn, practice, and reinforce the Spanish language through a variety of engaging and interactive activities centered in culture. Campers will participate in a scavenger hunt at a local tienda latina (latino store) followed by lunch at an authentic Mexican restaurant where they'll showcase all of the language skills they have learned.

**Cost: \$165**

**Instructor:** Adam Kramer, CFA Spanish Teacher

## WEEK THREE | JUNE 20 - 24

### Lady Chemists 101

Rising grades 2-5 | 1:00 pm - 4:00 pm

Calling all chemistry ladies who can't get enough of science, knowledge, curiosity, and experiments! Each day, something new will be brewing. Do you love lotions and want to create that perfect scent? You can, by mixing and measuring! Looking for that favorite color of lipstick to coordinate with your favorite outfit? You can make it by using the tools and materials to create that perfect shade! Have a sweet tooth and want to make something sweet in the class? You can, with sugar and spice and all the right ingredients! Throughout the week, campers will create natural body products, insect repellent sweeter than honey, organic cosmetics, and enticing sweet treats! Groovy lava lamps, shea butters, and calming propensity bottles will have these Lady Chemists using their principles and practices all in their own chic lab!

**Cost: \$165**

**Instructor:** Becca Scott, CFA Science Teacher

### Hovercraft- Design

Rising grades 3-6 | 1:00 pm - 4:00 pm

Do you want to design and build things that you create yourself and not just models you can purchase? Well, this is the place for you! Build and keep an air powered Hover Craft, car, and more. Campers will create and make a Hovercraft that will defy gravity, and once it's up and moving, their creativity will control its direction. Campers will build crazy-looking vehicles powered by multiple energy sources, and they won't need a license to drive! They'll also build a gravity vehicle that can cushion a raw egg dropped from a lofty height. In these three challenges in one workshop, campers will also learn about Laws of Motion, Energy, Air Pressure, Friction, Lift, Speed, and Acceleration.

**Cost: \$165**

**Instructor:** David Johnson, CFA Summer Programs Instructor

## WEEK FOUR | JUNE 27 - JULY 1

### Tiny Tennis Tikes

Rising grades PK-K | 9:00 am - 12:00 pm

It's never too early to begin learning about the classic game of tennis. Campers will work on hitting techniques, hand-eye coordination, positioning, and strokes. Each day players will be able to work one-on-one with the instructor and also practice what they have learned with others. This introductory camp will incorporate fun games and drills, so campers learn while having a great time!

**Cost: \$175**

**Instructor:** Howard Jenkins, CFA Teacher and Pine Valley Tennis Coach

### Happily Ever After...

Rising grades PK-1 | 9:00 am - 12:00 pm

It's not easy being a Princess but if the crown fits wear it! This fairytale fun-filled week will leave campers twinkling and twirling at the end of each day. The "Queen" instructor will celebrate a different princess each day. Make glass slippers and wands for Cinderella dressed in yellow and help her find her own prince charming. Build your very own camakau and join Moana out on the sea as she searches high and low to find Maui. Help Belle decorate an enchanted mirror and make the gray stuff...it's delicious! Get Tangled up in fun as you make Viking hats and Rapunzel braids. Mirror, mirror on the wall, help Snow White be the prettiest of all. Princesses will read fairytale stories, make princess-appropriate crafts and concoct dainty snacks, so please join us this week and Be our Guest!

**Cost: \$165**

**Instructor:** Eleanor Black, CFA Summer Programs Instructor

## Mini Musicians: Music and Movement, Oh My!

Rising grades PK-K | 9:00 am - 12:00 pm

This introductory music camp will allow mini- musicians to explore sound, learn songs new and old, participate in musical-themed games, and even create and construct musical instruments such as drums, tambourines, and magical wind chimes. Each day will be focused on a specific instrument and students will explore the sounds of that instrument, play games, create rhythm and movement with dance, and construct a themed craft. This camp will be music to your child's ears!

**Cost: \$165**

**Instructor:** Jesse Holman, CFA Music Teacher

## Soccer Starz

Rising grades K-3 | 9:00 am - 12:00 pm

Boys and girls at beginner levels will learn and improve on their soccer skills. Coach Meade McFarlane covers basic techniques such as ball control, dribbling, passing, and finishing. Players learn skills and practice drills on the outdoor field, followed by a cooling-off session inside. Each day campers will get the chance to show off their skills in a small-sided game and, on Friday, guests are invited to watch!

**Cost: \$175**

**Instructor:** Meade McFarlane, CFA Science Teacher and Coach

## Mini Minecraft Monsters

Rising grades K-2 | 9:00 am - 12:00 pm

Mini Minecraft Monsters, come let your imaginations shape your world! This introductory camp guides Mini Minecraft Monsters to explore a variety of Minecraft experiences while collaborating with fellow campers. Testing the depths of earthen ecology, Mini Minecraft Monsters will battle mobs, craft recipes, use enchantments, and mine for minerals to collect resources that enhance their creations and design experience. Campers will have daily tutorials, free-building time, themed snacks, and an opportunity to apply what they have learned to real-time team building activities.

**Cost: \$185**

**Instructor:** Liam Maley, CFA Summer Programs Instructor

*\*This camp may include an introduction to and the application of mods during game play. Students must bring their own existing Minecraft account login and password information on the first day of camp.*

## Cake Decorating 101

Rising grades 3-8 | 9:00 am - 12:00 pm

Take cake baking to the next level! Use several techniques to beautify an already sweet-tasting creation. Learn to master different tools and even come up with creative displays that will amaze your friends and family. Decorators will visit Apple Annies during the week to see what running a bakery is all about and what it involves. Mix, measure, and mingle with all of your decorating friends. No experience necessary just know that ...Bakers gonna bake...CAKE!

**Cost: \$185**

**Instructor:** Kelly Borton, CFA Registrar

## Telling a Story...Through Dance

Rising grades 2-7 | 9:00 am - 12:00 pm

Calling all musical and theater aficionados! This Music, Theater, and Dance program is a combination of choreography and improvised dance, supported by technical understanding and driven by character, plot and style. Throughout the week dancers will learn the basic steps and terminology for major dance forms including Jazz, Tap, Ballet and Hip Hop. Campers will learn principles of musical theater and of character/plot-driven choreography. On Friday, performers will show off their new skills as they tell a story through dance and music. This dance program is sure to have a happy ending!

**Cost: \$165**

**Instructor:** Jen Avery, CFA Theater Teacher

*\*Jazz shoes required: tap shoes suggested*

## Star Wars...May the Force Be with You

Rising grades 1-4 | 9:00 am - 12:00 pm

Calling Chewbacca campers and Yoda youngsters ready to battle out adventures in a galaxy far, far away...called CFA! This epic week will allow Star Wars characters to come to life and enable space travel to different planets to participate in lightsaber battles and Jedi training, to create Yoda ears and make secretive space shuttles, and to play Star Wars bingo to win Wookiee Cookies, lava slime, and MORE! By the end of the week campers will have saved Han Solo, made their very own Jedi tunics, and even fought off storm troopers. Get ready for a STELLAR week!

**Cost: \$165**

**Instructor:** Kristin Legg, CFA Teacher Assistant

# WEEK FOUR | JUNE 27 - JULY 1

## iNaturalist : Sharing, observing and learning

Rising grades 5-9 | 9:00 am - 12:00 pm

Are you wanting to hone your plant and animal identification skills? If the answer is yes, then this is the camp for you! Campers will take trips throughout the week and learn to identify local flora and fauna surrounding Carolina Beach State Park, Halyburton Park, and the New Hanover County Arboretum using expert techniques! Campers will learn how to classify local ecosystems using dichotomous keys and the iNaturalist application, available for Apple and Android phones. By the end of the week plants and animals will be connected, and a better understanding of nature and all it has to offer will be explored.

**Cost: \$165**

**Instructor:** Gabriella DeSouza, CFA Science Teacher

*(This camp does not require a smartphone. Alternative resources will be provided)*

## Ahoy, Matey! Pirates, Treasure, Adventure, and MORE!

Rising grades PK-1 | 1:00 pm - 4:00 pm

ARGH you ready, Mate, for a sloshing good time? Do you dare walk the plank blindfolded or hunt for treasure using a map from centuries ago? Create your very own treasure box to store all of your gold and loot, use your handmade telescope to scout out danger and ships on the sea, create a sword sure to scare, and feed your pet parrot pirate's booty as ye sit around the ship telling stories of long, long ago. Campers are sure to be "hooked" on this camp!

**Cost: \$165**

**Instructor:** Kristin Legg, CFA Teacher Assistant

## Creepy Crawlers!

Rising grades 1-4 | 1:00 pm - 4:00 pm

Welcome to the wonderful world of Creepy Crawlers! Join us for a creepy, kooky week as campers learn about insects, spiders, scorpions, millipedes, and all kinds of wonderful bugs and critters. Campers will meet a number of insect species, including termites, beetles, ants, bees, and butterflies. We will examine spiders, scorpions, and ticks, meet live creepy crawlers in the classroom, and even have the chance to visit a local pet store! Creepy Crawler campers will also have opportunities to visit natural habitats in the woods, fields, trees, and other natural homes. It is CREEPY how fun this camp will be!

**Cost: \$165**

**Instructor:** Meade McFarlane, CFA Science Teacher and Coach

## Theater Technique

Rising grades 2-7 | 1:00 pm - 4:00 pm

The show must go on, and this summer you're in it! This musical theater camp will allow young performers to excel in stage technique and auditioning, and gain an appreciation for the theater. Dedicated to excellence in the areas of music, dance and acting, Jen Avery will seek to celebrate and nurture students' love and talent for musical theater. This one-week camp will culminate with a production of a musical theater show so don't miss this opportunity to grow as a performer and showcase all the talent learned during the week.

**Cost: \$175**

**Instructor:** Jen Avery, CFA Theater Teacher



## Minecraft® Play

Rising grades 5-8 | 1:00 pm - 4:00 pm

Calling all Minecraft® gurus! Would you like controlled freedom? The ability to collaborate with others? An opportunity to trade gaming skills with fellow campers? If so, Minecraft® Play is the program for you! This camp guides game play in an instructor facilitated forum with Minecrafters of varying expertise. Students will engage in game play on a Cape Fear Academy camp server that opens opportunities for students to share what they know about playing Minecraft® in different game modes, crafting enchantments, creating resources, and using select mods to enhance build options and PVP strategy. Campers will work in teams, complete solo operations, and cultivate healthful computer habits by balancing physical exercise and food resources with the demands of Minecraft® computer play. Students must bring their own existing Minecraft® account login and password information on the first day of camp.

**Cost: \$185**

**Instructor:** Liam Maley, CFA Teacher Assistant

*\*This camp will include the application of mods during gameplay (technology permitting).*

# WEEK FIVE | JULY 11-15

## Bitty Babies: Starter Camp

Rising grades PK | 9:00 am - 12:00 pm

Join all your itty bitty babies and friends for a week of imagination, crafts, play, and fantastic fun! Each day will differ for dolls and friends as campers create diaper covers, shoes and, of course, bibs to wear for all of the yummy snacks we'll make during the week, including Bitty O's, purees, and gummies served with juice and milk in a fun and creative sippy cup! Bitty babies will have play time, socializing time, and outdoor time in their strollers or doll carriers. You and your doll will not want to miss out on one BIT of the fun!

**Cost: \$165**

**Instructor:** Kim Hutchins, Cape Fear Academy Summer Programs Instructor

*\*Campers do not have to have a Bitty Baby to attend. Dolls will be available for play.*

## American Girl Doll: The NEXT Adventure!

Rising grades K-4 | 9:00 am - 12:00 pm

Want to play music with Teeny & Logan? Bake with Grace? Learn about space with Luciana? Paint with Saige? Enjoy the arts with Gabriela? Do gymnastics with McKenna? Make a movie with Z Yang? Well, guess what? YOU CAN! In this jam-packed week of American Girl Doll fun, we'll embark on an adventure every day. American Girl Doll enthusiasts will enjoy concocting creative crafts, designing and making clothes that our dolls can wear, baking delicious goodies, and even getting to work on gymnastic moves. Get ready for the next adventure!

**Cost: \$165**

**Instructor:** Gretchen Estes, CFA Summer Program Instructors

## Buckle Up! It's Hot Wheels Time!

Rising grades PK-1 | 9:00 am - 12:00 pm

Take your mark and zoom into this HOT camp with your favorite truck, motorcycle, or race car. Each day will be a RACE to see who can have the most fun on the road. Create and make your own track, fuel up on snacks such as spare tires, dip sticks, road cones, and even a delicious stop light brownie, and make your own parking garage for all of your cool cars. Campers will make a Hot Wheels car key, a Hot Wheels picture frame, and even a ramp. Race on in to this week of HOT fun!

**Cost: \$165**

**Instructor:** Eleanor Black, CFA Summer Programs Instructor

# WEEK FIVE | JULY 11-15

## **Musical Mallet MANIA!**

**Rising grades 1-5 | 9:00 am - 12:00 pm**

Drum roll please! Get ready for a week of exploring music and more. Musicians of all levels will explore music by playing xylophones, metallophones, boomwhackers, drums, and other percussion instruments. We will be composing our own melodies, improvising solos, and creating grooves to strengthen our rhythm reading skills and confidence in performing. Come see all of the wonderful music you can create, all you need is a steady beat!

**Cost: \$165**

**Instructor:** Jesse Holman, CFA LS Music Teacher

## **Photography 101**

**Rising grades 2-7 | 9:00 am - 12:00 pm**

1,2,3 strike and pose and say cheese! The introductory photography class will allow photographers in the making to learn the ins and outs of photography and what it takes to snap that perfect picture. Lighting techniques will be learned, the difference between color and black and white photographs will be explored, and different images and techniques of pixels, tones and hues will be studied. Students will also learn about the different types and purposes of different cameras. This camp sure will capture memories throughout the week!

**Cost: \$165**

**Instructor:** Gabriella DeSouza, CFA Science Teacher

## **Build It, Crash It, Smash It, BOOM!**

**Rising grades 1-4 | 9:00 am - 12:00 pm**

In this high-energy camp, campers will have fun seeing things come apart! They will use everyday objects to create and build rockets, submarines, kites, and more. The best part of the day will be when campers get to test and then destroy their creations! Then they'll pack up the wreckage, bring it home, and create something new using household items!

**Cost: \$165**

**Instructor:** Meade McFarlane, CFA Science Teacher and Coach

## **FUNdamental Basketball Camp**

**Rising grades K-12 | 9:00 am - 12:30 pm (half-day or full-day options) 9:00 am - 4:00 pm**

**Early shooting 7:30 am - 9:00 am and/or Late shooting 4:00 pm - 5:30 pm also available**

Join your basketball playing friends of all levels and take advantage of the experience and passion for young people and the game as exhibited by nationally recognized Coach Tony Martin. Coach has enjoyed working with every level of player, from beginners at the youth clinic level through professional athletes. Our camp differs from any camp in the area. Our teaching ranges from giving youth players the basics to experienced players aspiring to take their game to the next level. Come join us where TEACHING and FUN never ends! Coach has been involved with nationally renowned Nike All-America Camp and the LeBron James Skills Academy. We are excited to continue the tradition of excellence serving the Wilmington community and beyond with the Intensity FUNdamental Basketball Camps.

Registration must take place through FUNdamental Basketball Camps [www.intensityfundamentalbasketball.com](http://www.intensityfundamentalbasketball.com) or you can email Tony Martin at [coachMartin@intensityfundamentalbasketball.com](mailto:coachMartin@intensityfundamentalbasketball.com)

**Cost: \$145 for Half-day, \$240 for Full-day**

**Instructor:** Tony Martin and Staff, FUNdamental Basketball Coaches

## Messy Mini Michelangelo's

Rising grades PK-K | 1:00 pm - 4:00 pm

They are mini, they are messy, and they are artists in the making! Each day, campers will create masterpieces using finger paints, glitter, glue, and more. Artists will paint birdhouses, create unique tiles, decorate and design different ceramic pieces, and make picture frames. Each day they will also make creative snacks like Picasso pizza, Monet mix, and Van Gogh vegetables.

**Cost: \$165**

**Instructor:** Rae Black, CFA Summer Programs Instructor

## How the Grinch Stole...Summer!

Rising grades 1-4 | 1:00 pm - 4:00 pm

Calling all Whos for a week of Holiday Whobilation! The Holiday Cheermeister will organize, plan, and celebrate various holidays....hoping that the Grinch does not steal the Whobilation by climbing down Mount Crumpit and ruining it for all Whos. Enjoy Halloween Whoopla with costumes, candy, and the hope that all pumpkins remain orange and not green.... Mr. Grinch, you're so mean! A Thanksgiving feast of all the food concoctions you can chew.....just make sure to include Cindy Lou! Valentine's Day treats and cards made with kisses....in hopes that the Grinch definitely misses! Each day will be a Whobilation of fun ....if you see the Grinch, just make sure you run!

**Cost: \$165**

**Instructor:** Kendall Welch, CFA Tennis Coach

## EWWWW...GROSSSSSSSology Camp 101

Rising grades 1-4 | 1:00 pm - 4:00 pm

Are you ready for ALL things GROSS?! Do you DARE?! Challenge yourself with daily gross activities that will be sure to... gross you out! Campers will participate in various activities and projects that are disgusting. Experiments such as making your own boogers, creating ABC chewed gum slime, putting together an edible petri dish of bacteria that is delicious, and making pickled monster eggs are just a few of the many activities in store for this gross camp! Be prepared to be disgusted!

**Cost: \$165**

**Instructor:** Meade McFarlane, CFA Science Teacher and Coach

## Egyptian Dig

Rising grades 2-5 | 1:00 pm - 4:00 pm

Calling all campers ready to discover the amazing science of Archaeology! Campers will uncover ancient artifacts and learn about Egyptian life, excavating with tools mirroring those that a real archaeologist uses. Campers will find ancient artifacts, including a scarab (what's that?), a hieroglyphic tablet, an ankh symbol, and a jackal. Then mini-archaeologists will dig into sand, create sand sculptures and make a pyramid. Let's go back in time with a hands-on archaeological experience!

**Cost: \$185**

**Instructor:** An Pilitto, CFA Summer Programs Instructor

# WEEK SIX | JULY 18-22

## Mini Monets: Clay and Sculpture

Rising grades PK-2 | 9:00 am - 12:00 pm

Let campers get their hands dirty with clay! Artists will work in three dimensions by using different clays, wires, papier mache, origami, and weaving to create their masterpieces. This distinctive art camp is a great opportunity for artists to work on transitioning from drawing and painting on paper to making pottery and sculptures.

**Cost: \$225**

**Instructor:** Jennie Wenk, Mini Monets owner

# WEEK SIX | JULY 18-22

## Mini Med and Bitty Vet School

Rising grades PK-1 | 9:00 am - 12:00 pm

Paging all...campers for Mini Med and Vet School Academy. Camp will be transformed into its very own Mini Med and Vet School, where nurses, doctors and vets in the making will learn all about what it takes to be medical professionals. Doctors studying for their residency at Mini Med and Vet School will use stuffed animal patients to take blood pressure readings, create "stitches," put on casts, and make their first aid kits, all while learning all about what doctors, dentists, EMTs, and other medical professionals do on a daily basis. Future Veterinarians will learn all about proper animal care, different procedures that all types of animals could potentially face and proper safety and care of animals. Put on your scrubs and be on call for Mini Med and Vet School 101!

**Cost: \$165**

**Instructor:** Amy Croom, CFA Nurse and Kendra Kellerman, CFA Nurse

## L.O.L. Surprise! #FUN

Rising grades K-4 | 9:00 am - 12:00 pm

Join us for a week of L.O.L. fun at CFA, where each day will be a...SURPRISE! Campers will work on #Hairgoals with tinsel, glitter, and glam, design and make furniture for the L.O.L. Surprise House, display, play, and carry away glam glasses, jewels, and posh pouches, pamper themselves at the spa with confetti nail art so that they look GR8 and of course YAAAS! make bendable key chains, color change lip gloss, and t-shirts. This camp will be AMAZING and on Friday there will be swag bags for everyone to take home to remember all the L.O.L. #FUN!

**Cost: \$165**

**Instructor:** Rae Black, CFA Summer Programs Instructor

## Ultimate Frisbee...Ultimate FUN

Rising grades 1-4 | 9:00 am - 12:00 pm

Join in on this ultimate non-contact sport as players learn about teamwork, skills, sportsmanship and more. Campers will learn about positioning, history, rules and have opportunities throughout the week to play on the campus of Cape Fear Academy and also visit several ultimate frisbee locations throughout the Wilmington area. Each camper will gain knowledge and experience along with stamina and agility to play at various levels.

**Cost: \$165**

**Instructor:** Meade McFarlane, CFA Science Teacher and Coach

*\* Please note that this camp is an outdoor camp. If there is inclement weather on a daily basis we will reassess the daily schedule and could potentially need to cancel with a full refund.*

## FUNdamental Basketball Camp

Rising grades K-12 | 9:00 am - 12:30 pm (half-day or full-day options) 9:00 am - 4:00 pm

Early shooting 7:30 am - 9:00 am and/or Late shooting 4:00 pm - 5:30 pm also available

Join your basketball playing friends of all levels and take advantage of the experience and passion for young people and the game as exhibited by nationally recognized Coach Tony Martin. Coach has enjoyed working with every level of player, from beginners at the youth clinic level through professional athletes. Our camp differs from any camp in the area. Our teaching ranges from giving youth players the basics to experienced players aspiring to take their game to the next level. Come join us where TEACHING and FUN never ends! Coach has been involved with nationally renowned Nike All-America Camp and the LeBron James Skills Academy. We are excited to continue the tradition of excellence serving the Wilmington community and beyond with the Intensity FUNdamental Basketball Camps.

Registration must take place through FUNdamental Basketball Camps [www.intensityfundamentalbasketball.com](http://www.intensityfundamentalbasketball.com) or you can email Tony Martin at [coachMartin@intensityfundamentalbasketball.com](mailto:coachMartin@intensityfundamentalbasketball.com)

**Cost: \$145 for Half-day, \$240 for Full-day**

**Instructor:** Tony Martin and Staff, FUNdamental Basketball Coaches

## Peace Out: Five Days of Creativity, Creation and... ART

Rising grades 1-4 | 9:00 am - 12:00 pm

Tie-dye, spin-art, dream catchers, and more...welcome to the Woodstock era where there will be art galore! Rewind the clock, and relive the days of peace, love, and art. Campers will make friendship bracelets with psychedelic colors and funky designs, candles with oh so groovy and far out prints, clay creations, wind chimes, and unique, funky accessories. Bring your pizzazz and your true flower power to this one-of-a-kind camp. All you need is ART!

**Cost: \$175**

**Instructor:** Gretchen Estes and Kim Hutchins, CFA Summer Program Instructors

## Virtual Reality...Virtually AWESOME

Rising grades 6-9 | 9:00 am - 12:00 pm

Calling all creative minds that like to design and innovate! If you enjoy playing video games and have a passion for electronics and want to learn how to make your own video game then this is the camp for you! Creators will have the opportunity to use the latest VR technology and will be able to create their very own virtual spaces and interactive video games from all that they have learned.

**Cost: \$185**

**Instructor:** Gabrielle DeSouza, CFA Science Teacher

## It's a bird...it's a plane...no it's a bird!

Rising grades PK | 1:00 pm - 4:00 pm

Join in on all things bird with this educational and fun bird watching camp. Learn fun bird facts, create bird crafts such as bird seed houses, nests for your bird, bird feeders and even binoculars to be on the lookout for birds. Gain an understanding about the history of birds, their habitats and surroundings, and even learn all of the U.S. state birds and what each bird symbolizes. Campers will go on daily nature walks scouting out red, blue, brown, big and small birds, create snacks for the birds to enjoy throughout the week, and make habitats for birds. A little birdie said this camp is definitely not for the birds!

**Cost: \$165**

**Instructor:** An Pilitto, CFA Summer Programs Instructor

## Unicorns and Magical Music

Rising grades PK-1 | 1:00 pm - 4:00 pm

This magical camp combines the love of music with the love of unicorns for a week of imagination exploration! Campers will create and make unicorn crafts, music and more. Making unicorn horns, mixing pink prancing lemonade, and creating majestic music will be just a few of the many festive activities. Campers will learn the history of certain genres of music, study and begin to recognize instruments, and even have the opportunity to make their own instruments! Create all things magical, including wands, unicorn shakers, and more. Bring your creativity for a delightful week of unicorn fun!

**Cost: \$165**

**Instructor:** Gab Arne, CFA Summer Programs Instructor

## Jewelry Making

Rising grades 1-4 | 1:00 pm - 4:00 pm

Mirror, mirror, on the wall, who has the prettiest jewelry of all? Dazzle and shine as you learn the fundamentals of jewelry making and create wearable works of art. Throughout the week campers will create earrings, bracelets, necklaces, rings, and more! And don't forget that you'll need to craft a jewelry box to store all your precious jewels. Shine bright like a diamond with all your friends at this "gem" of a camp!

**Cost: \$175**

**Instructor:** Cape Fear Academy Summer Programs Instructor

## 5 Days of 5 Cuisine Cultures

Rising grades 2-5 | 1:00 pm - 4:00 pm

Explore 5 different cultures during your 5 days at camp! Each day taste test connoisseurs will create and make different cultures' cuisine. Hors d'oeuvres that are délicieux, Mexican mole to add to a tasty and spicy dish, Asian fusion to leave you wanting more and a Mediterranean madness menu with fresh olive oil, vegetables and fruits. You can not forget the Italian pizza and as the Italians say, "Mangia," or Eat Up!

**Cost: \$175**

**Instructor:** Adam Kramer, CFA Spanish Teacher



# WEEK SEVEN | JULY 25-29

## Basketball for Beginners

Rising grades PK-K | 9:00 am - 12:00 pm

Dribble, shoot, and SCORE at this beginner basketball program where campers learn basic basketball techniques such as dribbling, different passing styles, footwork, teamwork, and the rules of basketball. Players will rotate stations to work on skill development, ball control, and sportsmanship. The opportunity to scrimmage, play games, and participate in breakout sessions will be part of this week of basketball fun!

**Cost: \$175**

**Instructor:** Jada Bacchus, CFA Assistant Varsity Girls Basketball Coach

## Under the C...FA Mermaid Camp

Rising grades PK-1 | 9:00 am - 12:00 pm

Splish, Splash, it's a MERMAID BASH! Join in on all the fairytale water fun with your mermaid friends. Throughout the week mermaids will enjoy a variety of mermaid-themed activities, such as creating and making their very own mermaid tails, finding pearls from shells deep in the sea, designing dazzling under-the-sea crowns, and making delicious and yummy mermaid treats. Mermaids will journey to land as they search for mermaid pools, hunt to find rare and unique seashells to make necklaces that will be the talk of the sea, and even enjoy a mermaid-themed party, where they'll play pin the tail on the mermaid and make a mermaid handprint they'll treasure forever. Mermaids cannot wait to SEA how much fun this week will be!

**Cost: \$165**

**Instructor:** Gretchen Estes and Kim Hutchins, CFA Summer Programs Instructors

## Mini Monets: Fine Arts

Rising grades K-2 | 9:00 am - 12:00 pm

Come join in on all new artistic fun! This creative children's art class is taught by Mini Monets owner, Jennie M. Wenk, who has a BFA degree from Savannah College of Art and Design. This camp is perfect for young artists who are looking to explore new mediums and nurture their creativity through guided and self-directed projects. Students will use their imaginations and artistic talents to create individual pieces of art to take home.

**Cost: \$200**

**Instructor:** Jennie Wenk, Mini Monets owner

## Spaaaaatacular: Pamper, Primp, and Relax

Rising grades 1-5 | 9:00 am - 12:00 pm

Why go to the spa when the spa can come to CFA? Each day is a treat-yourself day at the CFA Spa! Campers will start the morning by preparing healthy, nutritious yet DELICIOUS smoothies and then work on yoga techniques, poses, stretches, and more to get their bodies moving. After these yoga youngsters have warmed up, they will have time for mini-manicures, petite pedicures, facials, hairstyling, and more! Bathing beauties will receive a visit from a nail technician and hair stylist and will learn all about the daily operations of running and operating a spa and have the opportunity to talk with the nail technician and hair stylist. Sit back, relax, and stay awhile at the Spa at CFA!

**Cost: \$170**

**Instructor:** Gab Arne, CFA Summer Programs Instructor

## Ladies Hoops

Rising grades 2-7 | 9:00 am - 12:00 pm

Ladies! Are you looking to take your game to another level? This camp is intended for young ladies who are passionate about developing their skills by learning the fundamentals of the game through high intensity drills, teaching sessions, and competitive opportunities. The players will be equipped with drills that they can take home in order to continue improving on their own and learn from Ray Beatty, seven time Coach of the year. This camp will also provide an opportunity to build relationships with other girls aspiring to become better basketball players. Students will be divided by age and skill level to ensure the best basketball experience for everyone. Campers should wear athletic clothes, athletic shoes, and bring a water bottle each day. Get ready for a fun week full of growth!

**Cost: \$175**

**Instructor:** Ray Beatty, CFA Varsity Girls Head Basketball Coach

## Basketball Breakout 101

Rising grades 2-8 | 9:00 am - 12:00 pm

Basketball FANatics unite! Join this weeklong jam-packed athletic basketball program run by former basketball players. Each day different past and present basketball players will get on the court to teach those eager to learn passes, dribbling techniques, tactics, plays, and more. Players will bring to the court a wealth of basketball knowledge and help others work on and improve their games. Breakout sessions, stations, scrimmages, and more will be taught, and campers will have the opportunity to visit Trask Coliseum for a tour, along with basketball tips and techniques, taught and led by some of UNCW's very own basketball players and coaches. This is a week not to be missed!

**Cost: \$175**

**Instructor:** Daniel Etoroma, CFA Summer Programs Instructor and former UNCW Basketball player

## Study Skills for Success

Rising grades 6-8 | 9:00 am - 11:00 am

This popular camp is a week-long intensive overview of the tools students need for maximized learning. Students will learn about note-taking systems, principles of memory and memorizing, paragraph and essay writing structure, improved reading speed and comprehension, test preparation, and test-taking strategies, discovering and understanding their own learning styles, logic, and critical thinking.

**Cost: \$240**

**Instructor:** Nancy Phillips, CFA Learning Skills Specialist

## Graphic Design 101

Rising grades 6-12 | 9:00 am - 12:00 pm

At the heart of every video game, web site, and animated movie is a talented graphic designer. Throughout the week, campers will learn about the industry, concepts, and skills needed to become a graphic designer. Campers will work on design basics and Photoshop, remove backgrounds of photos they have taken of themselves to make posters using their silhouettes, discover the basics of typography, and learn all about color schemes, meanings, and MORE! At the end of the week campers will have a collection of their work in their very own portfolio to take home.

**Cost: \$175**

**Instructor:** Gabriella DeSouza, CFA Science Teacher

## Little Pampered Chef

Rising grades PK-1 | 1:00 pm - 4:00 pm

Pudding explosions, crazy krispie creations, cookie monsters crunching on carrots and delicious duo desserts are just a few of the fun and delicious edible pieces of creativity that will be created in this cooking class for beginners. Chefs will decorate and design masterpieces that can be brought home to taste and impress friends and family. Each week a different menu item will be made, and these chefs will be able to take the recipe home to recreate and inspire other future chefs. Bon Appetit!

**Cost: \$180**

*(includes all ingredients)*

**Instructor:** Cape Fear Academy Summer Programs Instructor

## Creative Calligraphy

Rising grades 4-8 | 1:00 pm - 4:00 pm

Modern calligraphy has surged in popularity over the years and has allowed all levels to embrace all that modern calligraphy has to offer. Calligraphers will use their creativity to craft beautiful projects such as wall art, luggage tags, note cards, and even personalized stationery they can use for any and all occasions. Campers will have the opportunity to explore local parks and take a stroll to downtown Wilmington to get their creativity to flow and to really be able to put calligraphy pen to paper!

**Cost: \$165**

**Instructor:** Nancy Phillips, CFA Learning Specialist

## The 101 on Codes, Apps, and More

Rising grades 4-8 | 1:00 pm - 4:00 pm

Have you ever wanted to become a coder or simply learn the fastest and easiest way to code? Interested in basic app creation with your own PC or mobile phone? This introductory program will help campers build and make their very own app, learn the language of coding, and really dig deeply into technology and what the future holds. Tech-savvy is the name of this game!

**Cost: \$185**

*(price includes all materials and take home book)*

**Instructor:** Cape Fear Academy Summer Programs Instructor

# WEEK EIGHT | AUGUST 1-5

## Jumpstart into 6th Grade: What you need to know!

Rising grades 6 | 9:00 am - 10:30 am

Join your rising 6th grade friends for an introduction to the great world of middle school. Students will work on organizational skills, management of time and work balance, memorization techniques, skills in communication, listening, and test-taking, and even have the opportunity to work on their upcoming reading projects that are due...day one of middle school! This crash course will help alleviate concerns and questions about what it takes to be successful middle schoolers, as well as working to improve everyday skills, thinking, and positive choice making.

**Cost: \$175**

**Instructor:** Nancy Phillips, CFA Learning Skills Specialist

## Jumpstart into 9th Grade: What you need to know!

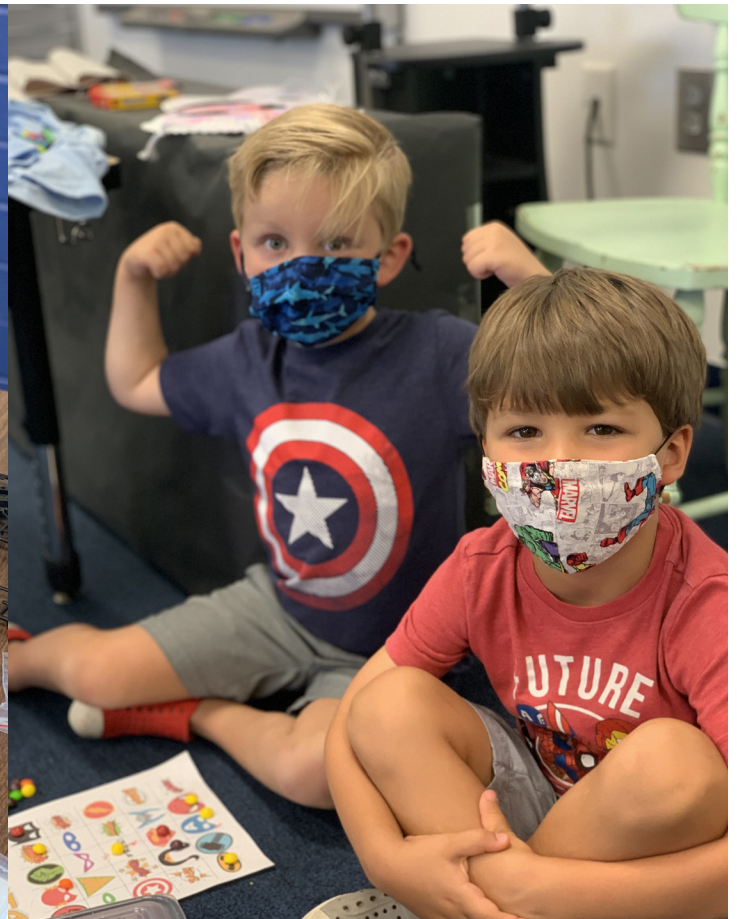
Rising grades 9 | 11:00 am - 12:30 pm

Join your rising 9th grade friends for an introduction to the great world of high school. Students will work on organizational skills, management of time and work balance, memorization techniques, skills in communication, listening, and test-taking, and even have the opportunity to work on their upcoming projects due the first few weeks of school. This crash course will help alleviate concerns and questions about what it takes to be successful high schoolers, as well as working to improve everyday skills, thinking, and positive choice

**Cost: \$105**

**Instructor:** Nancy Phillips, CFA Learning Skills Specialist





# POLICIES & INFORMATION

## **Online Registrations**

Register online at [www.capefearacademy.org](http://www.capefearacademy.org). Online Registration is easy and only a click away. Simply click on "Summer Programs" on the home page, then click Register ONLINE and create an account so that you may begin choosing all of the fun opportunities!

## **Brochure Registrations**

Please use a separate form for each child. Registration forms and payments should be mailed or delivered to the school at 3900 South College Road, Wilmington, NC, 28412

## **Payments**

All payments must be made in full at the time of registration.

## **Health and Safety Guidelines**

All campers and families must follow the health and safety guidelines that Cape Fear Academy follows for the 2022 summer.

# CANCELLATIONS

## **Camper Cancellations**

Registrations may be cancelled for each enrolled camper two weeks prior to the first day of camp. A \$50 processing fee will be kept by Cape Fear Academy and the remaining balance will then be refunded. No refunds will be issued for cancellations received within two weeks of the camp.

## **CFA Cancellations**

Cape Fear Academy reserves the right to cancel any camp due to insufficient enrollment. All campers will be notified of any cancellation two weeks prior to the start of the program. In the event of a Cape Fear Academy camp cancellation, ALL payments will be refunded in full, including the \$50 processing fee.

## **Rain or Shine**

All camps will be held rain or shine. In the case of inclement weather, athletic camps will be held in the gym.

## **Security**

For the sake of safety and security, children may not be on Cape Fear Academy grounds unattended. Campers will be considered unattended if they arrive more than fifteen minutes prior to camp or if they are still here fifteen minutes after camp has ended.

## **Contact Information**

Please contact Kristin Ayscue if you have any further questions.  
**910.791.0287**



# REGISTRATION

Please use one form per child or register online.  
Drop off or mail registration forms and payment  
to: Cape Fear Academy Summer Programs  
3900 South College Road | Wilmington, NC 28412

Camper's Name: \_\_\_\_\_ Gender: M F Age: \_\_\_\_\_  
Rising Grade: \_\_\_\_\_ Current School: \_\_\_\_\_  
Parent(s)/Guardian(s) Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Email: \_\_\_\_\_  
Program(s) Name: \_\_\_\_\_  
Dates of Program: \_\_\_\_\_ Time of Program: \_\_\_\_\_  
Cost of Program: \_\_\_\_\_

Please read the Policies and Information section on the previous page for registration/payment/cancellation/weather/security/contact information.

## Parent/Guardian Release Form

We the parent(s) or legal guardians of \_\_\_\_\_ hereby give my/our approval for his/her participation in any and all activities of Cape Fear Academy Summer Programs for which my child is enrolled. I/We do hereby release, waive, absolve, indemnify, and agree to hold harmless the school, its directors, trustees, and staff. I/We grant permission for him/her to participate in the program and acknowledge that he/she is physically able to participate in program activity.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## Behavioral Policy

Students participating in Cape Fear Academy Summer Programs will be expected to follow camp counselor directions, behave kindly and respectfully to all students and adults present, arrive and depart on time, and treat facilities with care and respect.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## Photo Release Form

I give permission for photographs and other visual images of my child(ren) attending Cape Fear Academy summer camp programs to be taken and appear in publications and other media produced by the school or other school approved entities.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## Medical Treatment Authorization

I/We being the parent(s) or legal guardians of the applicant authorize Cape Fear Academy and its agents permission to request emergency medical treatment or care as necessary to insure the well being of our child. Cape Fear Academy does not provide insurance for camps in case of accident or emergency.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Employer: \_\_\_\_\_ Insurance Co.: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Insurance Phone: \_\_\_\_\_

Person Carrying Insurance: \_\_\_\_\_ Policy #: \_\_\_\_\_

Known Allergies: \_\_\_\_\_

Additional Info: \_\_\_\_\_



# EMPOWERED TO SUCCEED

Small class sizes, individual attention, and a rich array of opportunities allow students to develop unique gifts and instill the desire to reach their highest potential.



CAPE FEAR ACADEMY

3900 South College Road | Wilmington, NC 28412 | 910.791.0287  
910.791.0290 fax | [CapeFearAcademy.org](https://CapeFearAcademy.org)



SUMMER FUN!



CAPE FEAR ACADEMY

SUMMER

PROGRAMS

Cape Fear Academy  
3900 South College Road  
Wilmington, NC 28412

Non-Profit Org.  
U.S. Postage  
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Wilmington, NC  
Permit No. 44